



DISCIPLINE & GUIDANCE POLICY FORM

I understand that my child must adhere to all YMCA Program expectations. I also understand the procedures for dealing with unacceptable behavior as listed below:

Discipline must be:

1. Individualized and consistent for each child;
2. Appropriate to the child’s level of understanding;
3. Directed toward teaching the child acceptable behavior and self-control.

A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:

1. Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
2. Reminding a child of behavior expectations daily by using clear, positive statements;
3. Redirecting behavior using positive statements;
4. Using brief supervised separation or time out from the group, when appropriate for the child’s age and development, which is limited to no more than one minute per year of the child’s age.

There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:

1. Corporal punishment or threats of corporal punishment;
2. Punishment associated with food, naps, or toilet use
3. Pinching, shaking or biting a child;
4. Hitting a child with a hand or instrument;
5. Putting anything in or on a child’s mouth;
6. Humiliating, ridiculing, rejecting, or yelling at a child;
7. Subjecting a child to harsh, abusive, or profane language;
8. Placing a child in a locked or dark room, bathroom, or closet with the door closed;
9. Requiring a child to remain silent or inactive for inappropriately long periods of time for the child’s age.

Persistent behaviors or situations that endanger the child, other children in the program, or staff may result in days off or removal from the program.

I understand that if my child is given days off or removed from the program, I will not receive a refund.

Parent/Guarding Acknowledgement

My signature verifies that I have read and received a copy of this discipline and guidance policy

Child Name

Date

Parent/Guardian Signature

Date